



Certification Requirements

Here's What New Doula Students are Required To Do

- Watch all the videos in the modules (7)
- Read all the manuals (7)
- Read all the Core Required Readings (10)
- Submit a personal reflection piece on your training experience
- Submit 3 minute B.R.A.I.N. video
- Support 3 births and give Postpartum follow up support
- Maintain CPR certification
- Sign the bebo mia Code of Ethics
- Complete the final exam
- Upload all files to Labourly in 2 years from registration date

Pregnancy & Birth Focus

Turn in Labour Summary Forms(3)

Turn in Labour Support Practitioner Evaluation Forms (3)*

Support 3 different births 1 may be virtual and 1 may be an operative birth

Have at least 2 prenatal visits with each client, give postpartum care for at least 90 minutes for each birth

Attend/Support births-minimum of 50 hours total of all 3 births

**You may be eligible for an extension if necessary

*May be signed by the client, instead of a healthcare practitioner



Topic Reference Sheet

personal reflection piece on experience / clients / growth / community

(if you have any questions or a different essay idea, please reach out to certification@bebomia.com)

How has your client care changed since your education with bebo mia?

How has your business changed since educating with bebo mia?

How has education through bebo mia influenced your life?

How did you use your bebo mia education in your community?

What obstacles did you overcome in or from the training?

What would you say to someone who is thinking about birth work?

**Write 500 words using one or more of the prompts listed above.
Ensure the paper is typed and double spaced.**