

Maternal Support Practitioner Certification Checklist

- Must be 18 years of age
- Valid CPR certification
- Complete a bebo mia Maternal Support Practitioner training.
 - Watch all modules
 - Take all Quizzes
- Read and sign the bebo mia inc. **Standards of Practice and Code of Ethics**
- 24 months to complete the requirements *special permission required for exceptions
- Complete bebo mia final examination with a **minimum 85% grade** for passing from all cumulative marks.
- Read all books on the bebo mia **Core Required Reading list**.
- Provide a book review of **2 books** chosen from either the **Core Required Reading list** or the **Optional Portion** of the Reading List.
- Submit a 3-minute video (MAX LENGTH) explaining to your client about informed consent and how to use their BRAIN.
- Complete all mandatory assignments and upload them to your **Labourly.ca** Account (Students Prior to 2022: If you have a Dropbox and need a Labourly.ca account email info@bebomia.com). Mandatory homework will be indicated in the homework section of your class modules.
- We recommend (NOT REQUIRED) you attend a breastfeeding basics workshop (20 hours) OR the 20-hour WHO course

Certification Checklist

Choosing Your Certification Focus

1. Fertility Support:

- Attend 1 birth and provide at least 90 minutes of immediate PP support
- A Labour Summary Form for the birth
- If birthing person is not also a fertility client for certification purposes, a Labour Support Practitioner Evaluation Form **MUST** be submitted
- Attend 6 fertility consultation/meetings/appointments - minimum 1hr each
- 10 hours minimum phone & email support
- **MUST** service 4 different families minimum
- a Fertility Support Practitioner Evaluation Form needs to be filled out by the person TTC or partner of each family

2. Postnatal Support:

- Attend 6-12 postnatal shifts - minimum 2 hours each, with a minimum of 30 hours attending and supporting families cumulatively.
- Must service at least 2 different families minimum
- A Parenting Support Practitioner Evaluation Form **MUST** be filled out by the birthing person or partner of each family
- Attend 1 birth, and provide at least 90 minutes of immediate PP support
- A labor summary form **MUST** be submitted from birth that was attended
- If a birthing person is not also a postpartum client for certification purposes, a Labour Support Practitioner Evaluation Form **MUST** be submitted

3. Pregnancy & Birth Support:

- Attend at least 3 births with a minimum of 50 hours attending and supporting labour/birth cumulatively.
 - If the required hours are not reached with the 3 births, subsequent births must be attended until the 50 hour requirement is reached.
 - If the required hours are reached in 1 or 2 births, a 3rd birth will be required.
- Birthing Clients must receive two prenatals.
- Must remain with birthing person to provide immediate postpartum care for at least 90 minutes for each certifying birth
- It is highly recommended that you attend 1 postnatal shift for a minimum of 4 hours. However it is NOT Mandatory.
- Only 1 birth may be an **ELECTIVE** Cesarean Section
- Must complete the Labour Summary Form provided by bebo mia
 - Please do your best to have each summary form and signed by a medical professional (ie nurse, midwife or GP who attended the delivery when possible)
- A minimum of 3 Labour Summary Forms **MUST** be submitted
- A Labour Support Practitioner Evaluation Form **MUST** be filled out for each birth by labouring person or support person/partner
- A minimum of 3 Labour Support Practitioner Forms **MUST** be submitted

Book Review Checklist

- Review can be completed from books on either the Core Reading list or the Optional Reading list
- Essay format
- Minimum of 500 words in length.
- Under 800 words.
- Black, 12pt. Arial font, with line spacing set to 1.5.
- Author's name and publishing information.
- Subject matter – what type of book is this
- Why this book
- How you think it will benefit you and your clients
- Author's purpose for writing the book
- Target audience
- Author's style
- Value of information provided
- Structure of information
- Effect on the reader

All certification requirements must be submitted before your exam will be graded. Once all of your requirements have been submitted to your Labourly.ca Account and your exam has been completed **complete the required Certification Notification Form to be added to the marking list.**

NOTES ABOUT EXAM MARKING - Marking is done quarterly in the months of January, April, July, and October. Please have everything submitted by the last day of the month prior to marking to ensure your requirements will be graded.

